

5085 CONCUSSION POLICY

Overview: The recognition and treatment of students that have a suffered a concussion is a priority for the Central City Public Schools. In cooperation with local health care providers, the district has implemented and developed a concussion policy that will aid in the diagnosis and treatment of reasonably suspected brain injuries.

Information: The district will provide information on concussions and brain injuries to athletes and their parents or guardians prior the beginning of practice or competition. Information may include:

1. The signs and symptoms of concussions
2. The risks posed by sustaining a concussion
3. The actions a student should take in response to sustaining a concussion, including the notification of his or her parents.

Training: Training to recognize the symptoms of concussions and brain injuries and how to seek their proper medical treatment shall be made available to all coaches of the district's athletic teams.

Suspected Concussion and Removal: A student who participates on a school athletic team shall be removed from practice or a game when he or she is reasonably suspected of having sustained a concussion or brain injury in such practice or game after observation by a coach or a licensed health care professional.

Parent Notification: If a student is reasonably suspected after observation of having sustained a concussion or brain injury and is removed from an athletic activity as required above, the parent or guardian of the student shall be notified by a coach or designee of the date and approximate time of the injury suffered by the student, the signs and symptoms of a concussion or brain injury that were observed, and any actions taken to treat the student.

Return To Learn: The Superintendent or designee shall develop a return to learn protocol for students who have sustained a concussion. The return to learn protocol shall recognize that students who have sustained a concussion and returned to school may need informal or formal accommodations, modifications of curriculum, and monitoring by medical or academic staff until the student is fully recovered.

Return to Play: The injured student shall not be permitted to participate in any school supervised team athletic activities involving physical exertion, including, but not limited to, practices or games, until the student:

1. Has been evaluated by a licensed health care professional,

2. Has received written and signed clearance to resume participation in athletic activities from the licensed health care professional,
3. Has submitted the written and signed clearance to resume participation in athletic activities to the school accompanied by written permission to resume participation from the student's parent or guardian.

Students and Parents: It is recognized that coaches cannot be aware of every incident in which a student has symptoms of a possible concussion or brain injury. As such, students and their parents have a responsibility to honestly report symptoms of a possible concussion or brain injury to the student's coaches on a timely basis.

Legal Reference: LB 260 Concussion Awareness Act
 LB 923 Amended Statutes

Reviewed On: January 15, 2018
Revised On: **January 18, 2021**